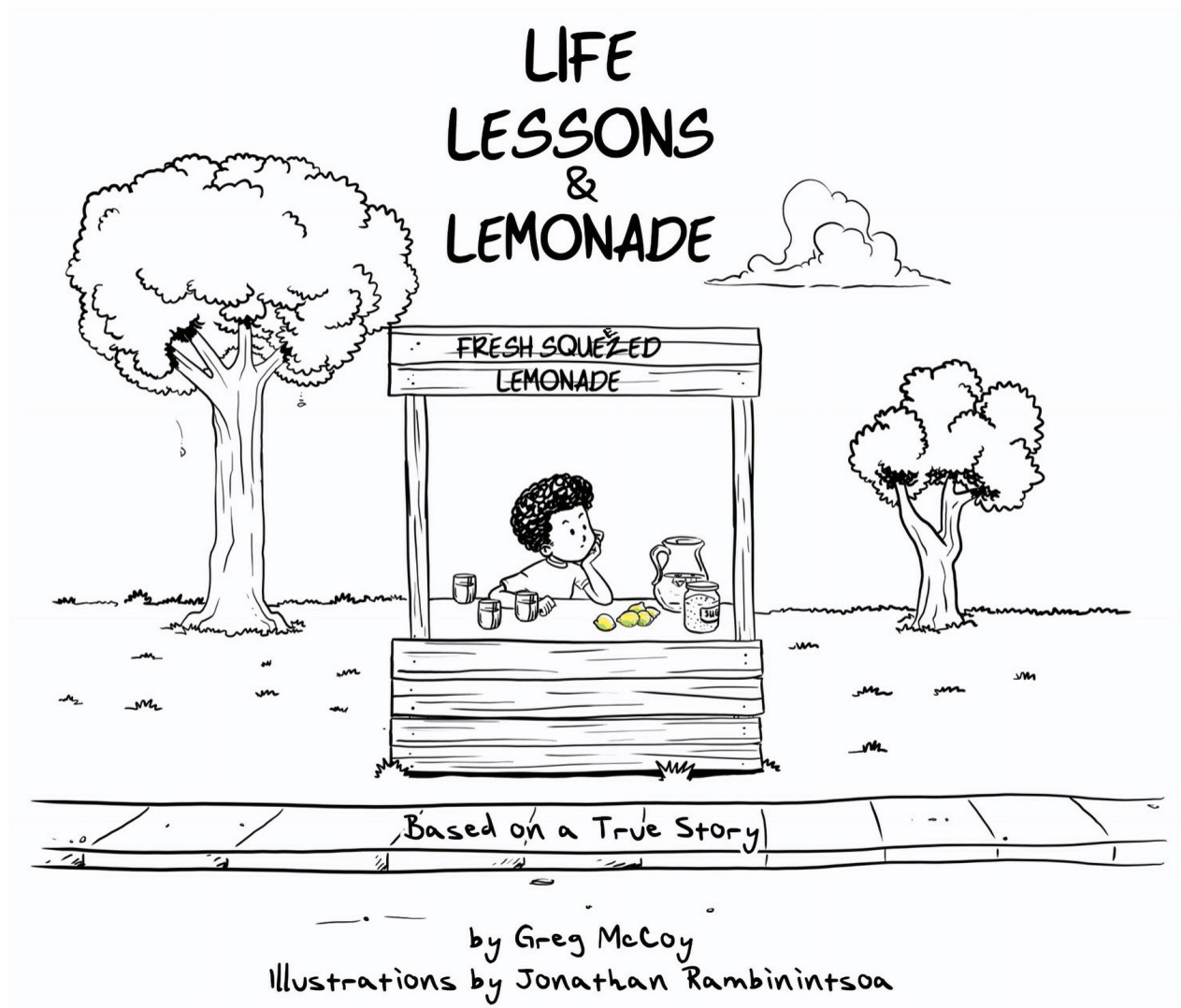




MY LEMONADE WORKBOOK

Kids' Edition: Read it. Think it. Draw it. Do it!

My name: _____

Date: _____

Lessons 1 and 2

Pack light. Know who you work hard for.

1 Pack Light

Pack light means you only carry what helps you. What helps you? What is too heavy to carry?

IN MY BACKPACK (helps me)	LEAVE BEHIND (too heavy)

Ideas: worries, mean words, good habits, kind friends, being brave

2 Know Who You Work Hard For

Work hard for people and things you believe in. Being honest and kind matters, too.

Circle 3 words that describe YOU:

Honest	Kind	Brave	Caring
Fair	Helpful	Curious	Hard-working

I work hard for...

I want them to be proud of me because...

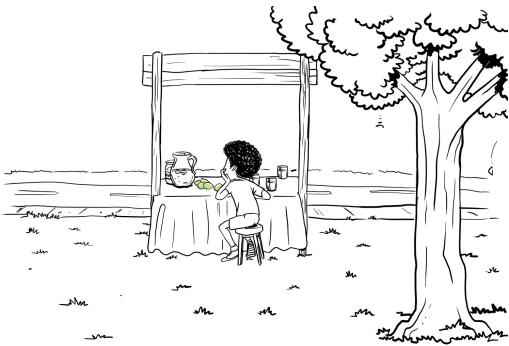
Lessons 3 and 4

Time is precious. There is always more to learn.

3 Time Is Precious

You can't get time back. The best time is time with people we love.

Look at the boy at his stand. What do you think he is thinking about?



Who I love spending time with	One thing we will do together

4 The More You Learn, The More You Learn You Don't Know

There is always more to learn! Everyone you meet can teach you something.

I know how to...

I want to learn...

Who can teach me?

This week I will ask someone a new question. My question is...

My Goal and My Action

Say it. Believe it. Do it!



Look! He jumped out of bed ready to go! What are YOU excited to work on?

An **affirmation** is a promise you say to yourself. When you add an **action**, it comes true!

My goal (something I want to do or get better at):

3 small steps to get there

1

2

3

I AM... (my affirmation)	SO TODAY I WILL... (my action)

My 5-Day Action Tracker

Day 1	Day 2	Day 3	Day 4	Day 5

Color in a circle each day you do your action. Way to go!

Thank You!

Look at all the good in your life

PEOPLE I'M THANKFUL FOR

THINGS I'M THANKFUL FOR

My Thank-You Note

Dear _____

Thank you for _____

MY LEMONADE PLEDGE

I will pack light.

I will work hard for what I believe in.

I will spend time with people I love.

I will keep learning new things.

Signed: _____

Date: _____